



5 love languages

MY LOVE LANGUAGE:

NAME:

LANGUAGE:

FAMILY'S LOVE LANGUAGES:

NAME:

LANGUAGE:

◀ HOW TO IDENTIFY YOUR FAMILY'S LOVE LANGUAGES ▶

- 1 To effectively identify your family's love language by observing, you must be familiar with the love languages yourself. Learn about them at 5lovelanguages.com
- 2 Watch how family members show love to others. Are they always encouraging **(WORDS)**? Do they like to give gifts **(GIFTS)**? Do they like to help others out **(SERVICE)**?
- 3 Notice what they complain about with regards to relationships with those in your home. Example: "I never spend any quality time with _____ **(TIME)**." "I wish _____ would do more around the house **(SERVICE)**."
- 4 Notice what they ask for consistently. Example: "Let's hang out soon **(TIME)**." "Can I get a hug **(TOUCH)**?"
- 5 If all else fails...or just for fun... go ahead and ask your family to take the love language profile at 5lovelanguages.com